
Individual Meet Results
Glyn Mettam Memorial 17-Nov-18 LC Meters**Location: Ponds Forge Pool****Connah's Quay ASC [CONY] Coach: Sharon Thompson****Converted Times Used For Calculating Improvement**

Time	F/P/S	Event	Place	Points	Improv
Sydney Adams (9) F					
40.40L	F # 10	Female 50 Free	---	---	---
1:31.64L	F # 11	Female 100 Free	---	---	---
53.41L	F # 12	Female 50 Breast	---	---	---
2:01.86L	F # 13	Female 100 Breast	---	---	---
52.28L	F # 16	Female 50 Back	---	---	---
Sophie Booth (13) F					
1:21.54L	F # 11	Female 100 Free	---	---	-9.74
44.40L	F # 12	Female 50 Breast	---	---	-0.66
1:36.45L	F # 13	Female 100 Breast	---	---	-7.83
3:09.49L	F # 18	Female 200 IM	---	---	-14.62
Elenor Carney (10) F					
38.93L	F # 10	Female 50 Free	---	---	1.21
1:26.67L	F # 11	Female 100 Free	---	---	---
47.48L	F # 12	Female 50 Breast	---	---	0.18
1:44.25L	F # 13	Female 100 Breast	---	---	---
49.47L	F # 14	Female 50 Fly	---	---	1.73
50.49L	F # 16	Female 50 Back	---	---	4.38
Finlay Carney (15) M					
28.47L	F # 1	Male 50 Free	---	---	-0.19
1:02.95L	F # 2	Male 100 Free	---	---	-0.14
33.33L	F # 5	Male 50 Fly	---	---	-0.56
2:45.79L	F # 9	Male 200 IM	---	---	-0.88
Joshua Chambers (15) M					
33.89L	F # 1	Male 50 Free	---	---	-0.76
1:19.82L	F # 2	Male 100 Free	---	---	5.77
46.69L	F # 3	Male 50 Breast	---	---	1.61
40.64L	F # 5	Male 50 Fly	---	---	-1.50
44.33L	F # 7	Male 50 Back	---	---	1.26
Bryonie Davies (12) F					
41.08L	F # 10	Female 50 Free	---	---	1.93
51.89L	F # 12	Female 50 Breast	---	---	0.17
46.54L	F # 16	Female 50 Back	---	---	1.59
Jamie Edwards (11) M					
39.41L	F # 1	Male 50 Free	---	---	2.53
1:29.29L	F # 2	Male 100 Free	---	---	2.93
51.55L	F # 3	Male 50 Breast	---	---	0.86
1:49.79L	F # 4	Male 100 Breast	---	---	1.19
48.96L	F # 5	Male 50 Fly	---	---	-0.18
46.59L	F # 7	Male 50 Back	---	---	0.62
3:23.63L	F # 9	Male 200 IM	---	---	-19.72
Leah Halliwell (11) F					
1:23.46L	F # 11	Female 100 Free	---	---	2.23
46.59L	F # 12	Female 50 Breast	---	---	1.22
1:40.20L	F # 13	Female 100 Breast	---	---	1.34
44.92L	F # 14	Female 50 Fly	---	---	0.73
3:17.76L	F # 18	Female 200 IM	---	---	---

Individual Meet Results
Glyn Mettam Memorial 17-Nov-18 LC Meters**Location: Ponds Forge Pool****Connah's Quay ASC [CONY] Coach: Sharon Thompson****Converted Times Used For Calculating Improvement**

Time	F/P/S	Event	Place	Points	Improv
Thomas Halliwell (14) M					
28.82L	F # 1	Male 50 Free	---	---	-1.21
1:04.28L	F # 2	Male 100 Free	---	---	0.57
35.21L	F # 7	Male 50 Back	---	---	0.55
1:15.90L	F # 8	Male 100 Back	---	---	0.68
2:38.52L	F # 9	Male 200 IM	---	---	-2.04
Georgia Hansom (13) F					
33.84L	F # 10	Female 50 Free	---	---	0.60
1:12.30L	F # 11	Female 100 Free	---	---	0.46
46.56L	F # 12	Female 50 Breast	---	---	-10.62
35.85L	F # 14	Female 50 Fly	---	---	-3.53
1:25.19L	F # 15	Female 100 Fly	---	---	2.65
40.36L	F # 16	Female 50 Back	---	---	2.06
1:26.68L	F # 17	Female 100 Back	---	---	-3.07
3:06.76L	F # 18	Female 200 IM	---	---	5.74
Maddie Hughes-Dutton (11) F					
33.48L	F # 10	Female 50 Free	---	---	-0.65
1:13.69L	F # 11	Female 100 Free	---	---	-0.76
37.72L	F # 14	Female 50 Fly	---	---	-1.47
1:38.51L	F # 15	Female 100 Fly	---	---	---
40.90L	F # 16	Female 50 Back	---	---	1.30
1:29.23L	F # 17	Female 100 Back	---	---	3.80
Ethan Lewis (15) M					
27.92L	F # 1	Male 50 Free	---	---	0.01
1:02.07L	F # 2	Male 100 Free	---	---	1.35
1:21.10L	F # 4	Male 100 Breast	---	---	1.05
29.60L	F # 5	Male 50 Fly	---	---	-0.48
1:06.45L	F # 6	Male 100 Fly	---	---	-1.02
33.37L	F # 7	Male 50 Back	---	---	0.38
2:31.04L	F # 9	Male 200 IM	---	---	2.21
Jessica Lewis (10) F					
40.85L	F # 10	Female 50 Free	---	---	0.47
50.31L	F # 12	Female 50 Breast	---	---	-1.01
1:54.95L	F # 13	Female 100 Breast	---	---	-0.92
46.29L	F # 16	Female 50 Back	---	---	-0.11
James Morris (12) M					
36.64L	F # 1	Male 50 Free	---	---	1.16
1:23.99L	F # 2	Male 100 Free	---	---	4.92
40.74L	F # 5	Male 50 Fly	---	---	-2.96
1:51.62L	F # 6	Male 100 Fly	---	---	---
43.18L	F # 7	Male 50 Back	---	---	0.77
1:34.58L	F # 8	Male 100 Back	---	---	0.58
3:35.55L	F # 9	Male 200 IM	---	---	19.80

Individual Meet Results
Glyn Mettam Memorial 17-Nov-18 LC Meters

Location: Ponds Forge Pool

Connah's Quay ASC [CONY] Coach: Sharon Thompson

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Lara Morris (14) F					
1:09.90L	F # 11	Female 100 Free	---	---	-1.38
41.00L	F # 12	Female 50 Breast	---	---	-0.41
1:31.53L	F # 13	Female 100 Breast	---	---	-0.82
34.56L	F # 14	Female 50 Fly	---	---	-1.97
1:19.36L	F # 15	Female 100 Fly	---	---	-3.06
1:20.15L	F # 17	Female 100 Back	---	---	1.14
2:57.19L	F # 18	Female 200 IM	---	---	-0.99
Katie Odd (12) F					
34.41L	F # 10	Female 50 Free	---	---	0.38
1:15.15L	F # 11	Female 100 Free	---	---	-1.66
1:31.88L	F # 13	Female 100 Breast	---	---	-0.48
39.50L	F # 14	Female 50 Fly	---	---	-0.99
43.37L	F # 16	Female 50 Back	---	---	2.11
3:10.65L	F # 18	Female 200 IM	---	---	---
Annaliese Sayer (13) F					
1:12.94L	F # 11	Female 100 Free	---	---	-0.37
41.32L	F # 12	Female 50 Breast	---	---	1.02
1:32.29L	F # 13	Female 100 Breast	---	---	3.08
Lucas Sayer (9) M					
49.60L	F # 1	Male 50 Free	---	---	---
59.90L	F # 3	Male 50 Breast	---	---	---
57.54L	F # 7	Male 50 Back	---	---	---
Lucy Thompson (15) F					
34.10L	F # 14	Female 50 Fly	---	---	0.40
1:18.04L	F # 15	Female 100 Fly	---	---	0.82
1:16.66L	F # 17	Female 100 Back	---	---	2.05
2:50.57L	F # 18	Female 200 IM	---	---	5.68
Luke Thompson (21) M					
26.93L	F # 1	Male 50 Free	---	---	---
59.63L	F # 2	Male 100 Free	---	---	---
35.02L	F # 3	Male 50 Breast	---	---	---
29.19L	F # 5	Male 50 Fly	---	---	---
1:05.05L	F # 6	Male 100 Fly	---	---	---
Jacob Welsh (11) M					
34.65L	F # 1	Male 50 Free	---	---	-0.73
1:20.13L	F # 2	Male 100 Free	---	---	4.23
48.38L	F # 3	Male 50 Breast	---	---	2.34
1:42.89L	F # 4	Male 100 Breast	---	---	---
44.20L	F # 5	Male 50 Fly	---	---	1.26
44.09L	F # 7	Male 50 Back	---	---	3.23
3:11.28L	F # 9	Male 200 IM	---	---	-16.56

Individual Meet Results**Glyn Mettam Memorial 17-Nov-18 LC Meters****Location: Ponds Forge Pool****Connah's Quay ASC [CONY] Coach: Sharon Thompson****Converted Times Used For Calculating Improvement**

Time	F/P/S	Event	Place	Points	Improv
James Wren (10) M					
39.33L	F # 1	Male 50 Free	---	---	1.90
1:28.92L	F # 2	Male 100 Free	---	---	0.68
2:10.46L	F # 4	Male 100 Breast	---	---	3.23
49.24L	F # 5	Male 50 Fly	---	---	-1.42
42.47L	F # 7	Male 50 Back	---	---	-2.26
1:42.74L	F # 8	Male 100 Back	---	---	9.16
3:39.83L	F # 9	Male 200 IM	---	---	---